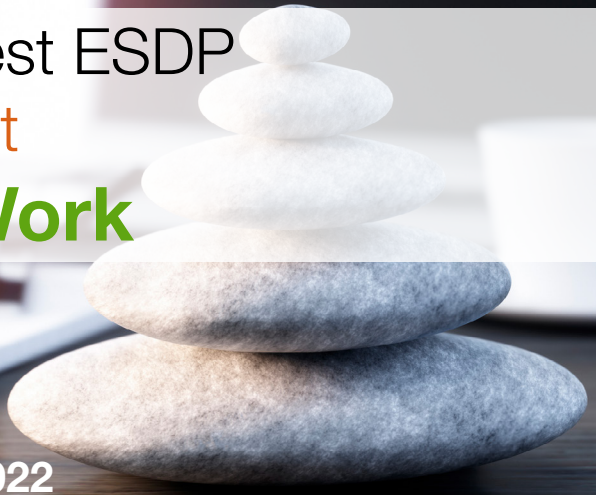


Bracknell Forest ESDP

Summer Event

Health in Work



Tuesday, 19 July 2022
South Hill Park, 10am to 1pm

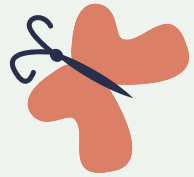
Ensuring that staff keep physically and mentally healthy can increase business productivity, improve morale and reduce absence from sickness.

As businesses recover from the covid pandemic and face up to a challenging trading environment they will need to retain existing staff, help staff return to work and attract newcomers.



The ESDP's Summer Event will give Bracknell Forest Businesses an opportunity to discover how to provide a healthy and caring environment for their staff. You will meet professionals who offer mental and physical health support to businesses and hear from local organisations who are taking up the challenge. There will be plenty of opportunity to network and lunch will be provided.

**This free event will take place at
South Hill Park, Bracknell, RG12 7PA.**



**For more information contact:
paula.robertson@bracknell-forest.gov.uk**

To book please click on the link: www.eventbrite.com/e/economic-skills-development-partnership-summer-event-health-in-work-tickets-348773279267

We are pleased to announce that we have the following guest speakers at the event:

Sarah Broadbent, 3M speaking about “Workplace Wellbeing at 3M”

Heema Shukla, Bracknell Forest Council speaking about “Health & Wellbeing Strategy for Bracknell Forest”

Stepping Stones Bracknell Recovery College speaking about “Wellbeing in the Workplace”

These are some of the organisation that will be attending the event:

- Bracknell Forest Council
- Everyone Active
- Stepping Stones Recovery College
- The Office Massage
- The Sargam Group

Representatives from these organisations will be on hand to talk about the services they offer, these include: sport, fitness, nutrition, weight management, mental health support, yoga, dance, volunteering and much more.

