

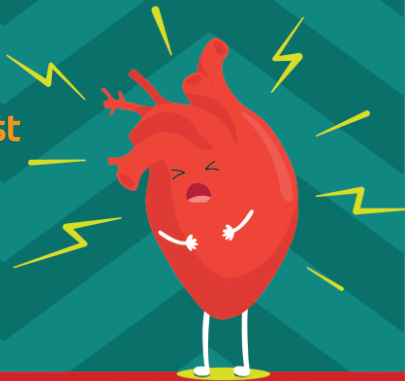
South Central
Ambulance
Charity



BASIC LIFE SUPPORT AWARENESS TRAINING

9:30am – 11:30am
Thursday 18th August

329 Bracknell,
Doncastle Road,
RG12 8PE



#BusinessLifeSaver

Registered Charity No: 1049778

NHS
South Central
Ambulance Service
NHS Foundation Trust





BASIC LIFE SUPPORT AWARENESS TRAINING COURSE

Bracknell BID has funded a course for BID area workers, hosted by the South Central Ambulance Charity, which will help provide you with invaluable knowledge on how to deliver potentially life-saving help.

This course has been designed to give people in the workplace the skills and confidence to save a life.

The training includes both theory and practical elements.

The key aspects are:

- How to recognize a cardiac arrest using a primary survey
- How to perform cardio pulmonary resuscitation (CPR)
- How to use an automated external defibrillator (AED)
- Advice and guidance to the #BusinessLifeSaver on how to reflect after delivering life saving support.

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The sessions are only for workers in the Western and Southern Business Areas of Bracknell. For more information on the course, please visit: www.bracknellbid.co.uk
For more information on South Central Ambulance Charity: www.scascharity.org.uk